

Personal Rights

Nonresidential Recovery and Treatment Facilities

- ◆ To participate in developing an individual plan of treatment.
- ◆ To receive an explanation of services in accordance with the treatment plan.
- ◆ To participate voluntarily in and to consent to treatment.
- ◆ To object to, or terminate, treatment.
- ◆ To have records protected by confidentiality and not be revealed to anyone without my written authorization.

Confidentiality may only be broken under the following conditions (state laws will vary):

- If the counselor has knowledge of child or elder abuse.
 - If the counselor has knowledge of the client's intent to harm oneself or others.
 - If the counselor/agency receives a court order to the contrary.
 - If the client enters into litigation against the counselor/agency.
-
- ◆ To have access to one's records.
 - ◆ To receive clinically appropriate care and treatment that is suited to their needs and skillfully, safely, and humanely administered with full respect for their dignity and personal integrity.
 - ◆ To be treated in a manner which is ethical and free from abuse, discrimination, mistreatment, and/or exploitation.
 - ◆ To be treated by staff who are sensitive to one's cultural background.
 - ◆ To be afforded privacy.
 - ◆ To be free to report grievances regarding service or staff to a supervisor.
 - ◆ To be informed of expected results of all therapies prescribed, including their possible adverse effects (eg.- medications).
 - ◆ To request a change in counselor.
 - ◆ To request that another clinician review the individual treatment plan for a second opinion.

<p>Department of Health Care Services Compliance Branch 1700 K Street Sacramento, CA 95814-4037 (916) 322-2911</p>
